Mary’s Meals
A simple idea that works



Our vision is that every child receives one daily meal in their place of education and that all those who have more than they need, share with those who lack even the most basic things.





We provide school meals in places where poverty prevents children from gaining an education.

These nutritious meals…



…encourage children to come to school.



…help them concentrate in class.



…and give them energy to learn and play!



Our journey













What started as a one-off delivery of aid… → **…grew into an international charity…** → **…which is still run from a little tin shed…** →

“I would like to have enough food to eat and to be able to go to school one day.”

Edward, 14



In 2002

we started feeding 200 children in Malawi.



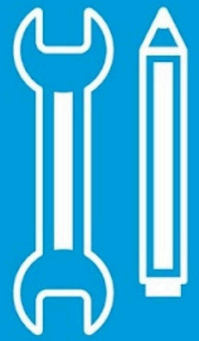
Today more than **3 million** children in **16 countries** eat Mary's Meals in their place of education.



It’s possible … thanks to you!



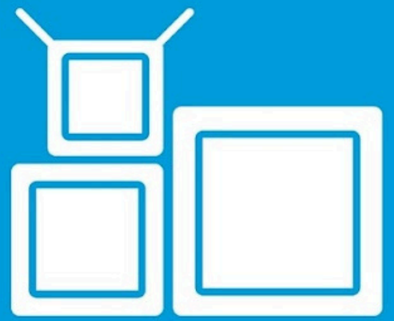
Time



Skills



Money



Goods



Prayers

We are a global family



Thanks to your generous support...



…we provide food, training and equipment…



…so volunteers can cook and serve school meals.

Lettie

Lettie lost her parents at the age of ten and faced the challenge of caring for herself and her two younger brothers.

Thanks to Mary's Meals, Lettie returned to school, where daily school meals helped her learn and build a better future.

Today, she works for Mary's Meals in Malawi, helping bring hope to other children through the power of food and education.



With 71 million children out of school and many others too hungry to learn, our work has only just begun.



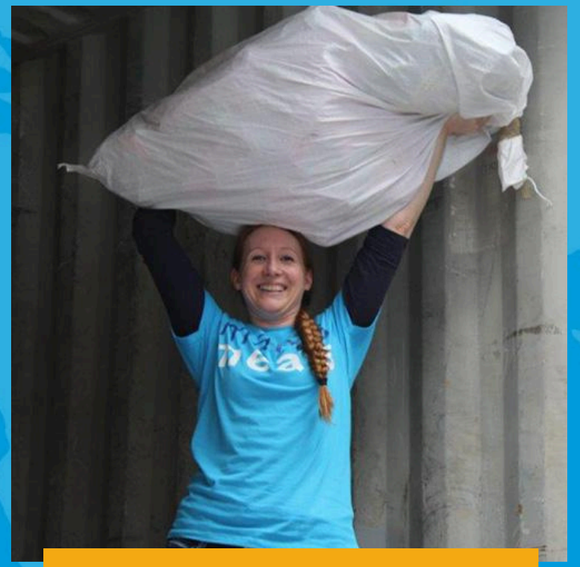
Join the global movement



Donate



Fundraise



Volunteer



Spread the word



“It’s not about the big numbers. It’s about the next child who is waiting for **Mary’s Meals**.”

Magnus MacFarlane-Barrow,
Founder of Mary’s Meals

It costs only

€22

to feed a child for
a school year!




THANKS
FOR THE
FOOD.