

"Fasting leads us  
to a new frame of  
heart and mind."

Fr Slavko Barbarić

Aa

Bb

Cc

Dd

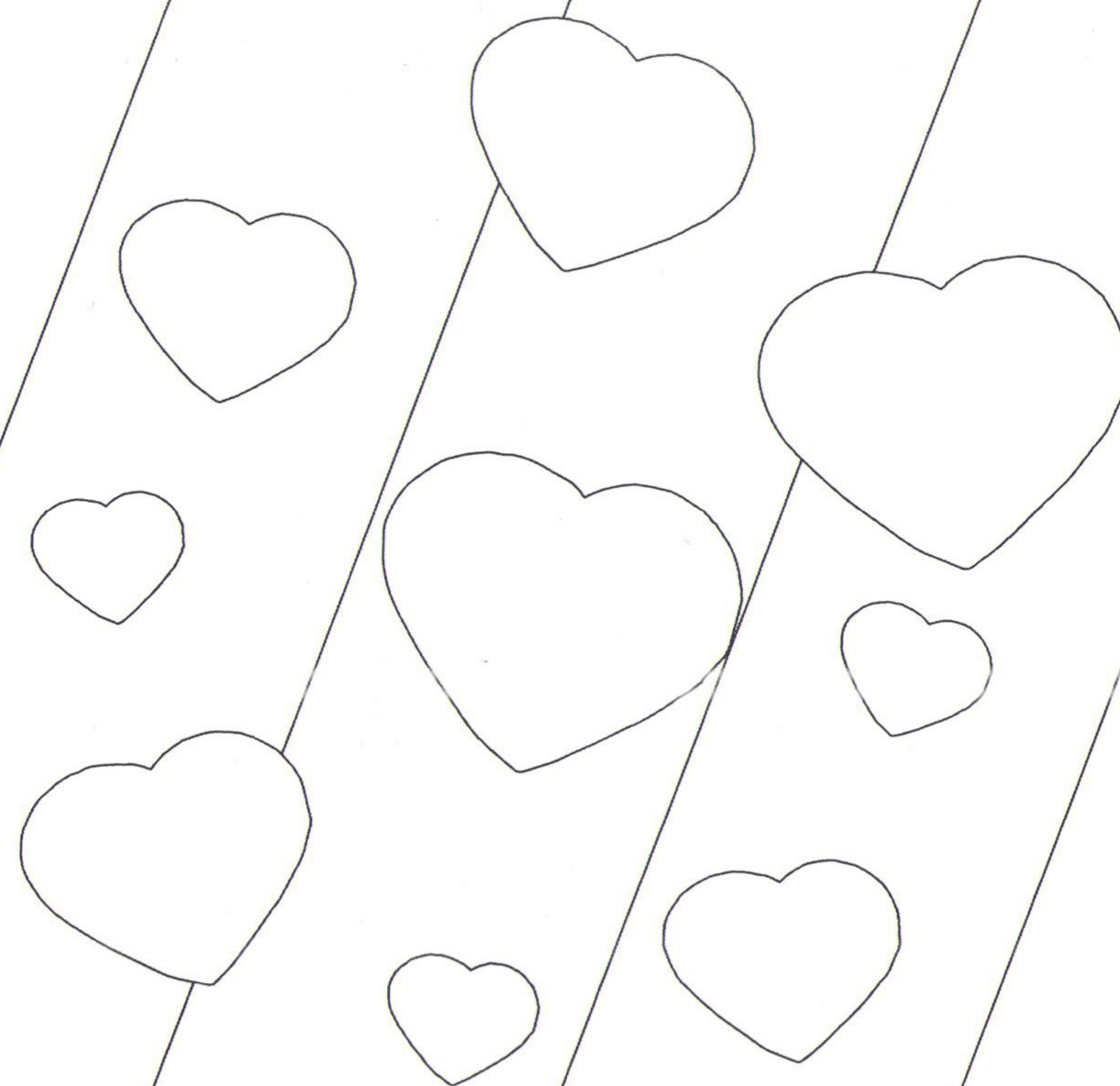
mary's  
meals

$$2 \times 2 = 4$$

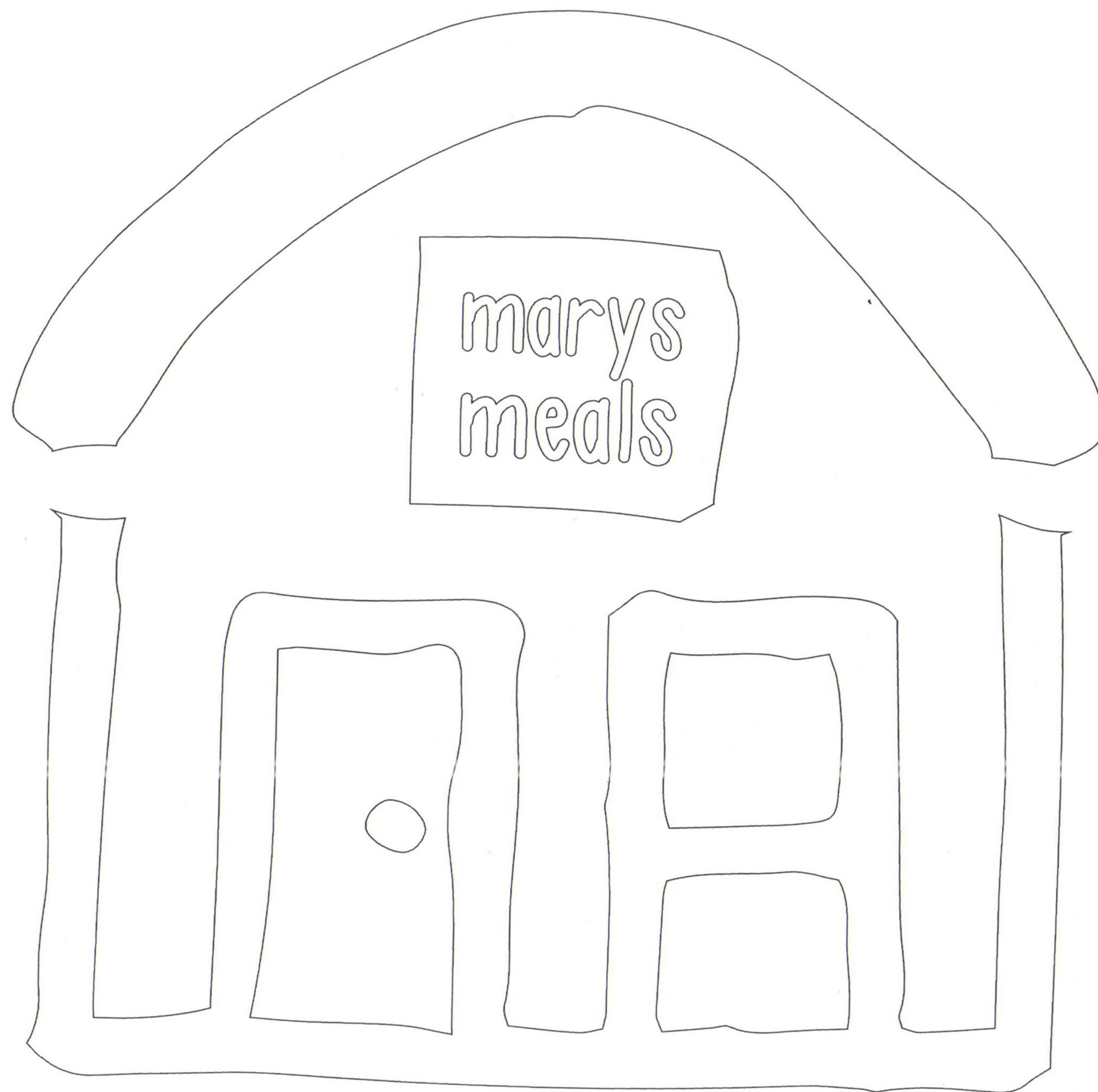
"If you  
can't feed  
a hundred  
people, feed  
just one."

Saint Teresa of Calcutta

















mary's  
meals